

## WHAT ARE THE SYMPTOMS OF ENVIRONMENTAL ILLNESS?

They vary; not everyone reacts to the same things with the same intensity in the same way. That's what makes the illness so baffling. In many cases, patients feel chronically sick—as if they had the flu. Fatigue is common. Reactions can affect any of the body's systems with pains ranging from pseudo-heart-attack to arthritis. Symptoms may occur in the stomach and intestines, skin, eyes, nose, throat and lungs, as well as the genitourinary tract and cardiovascular system.

When reactions affect the nervous system, the patient may exhibit a wide range of mental and emotional symptoms such as migraine headaches, confusion, depression, irritability, convulsions, dizziness, amnesia, hallucinations, phobias, etc. Psychological assistance may be helpful, but is not enough. The reactions must be stopped. (From "Share, Care and Prayer Ministries," Arcadia, California)

## HOW CAN ENVIRONMENTAL ILLNESS BE TREATED?

So far, the most effective treatment is to provide relief and build up the body's damaged immune system. This is done by avoiding exposure to those materials that triggered the reaction in the first place along with individualized medical treatment. (From "Share, Care and Prayer Ministries," Arcadia, California)

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